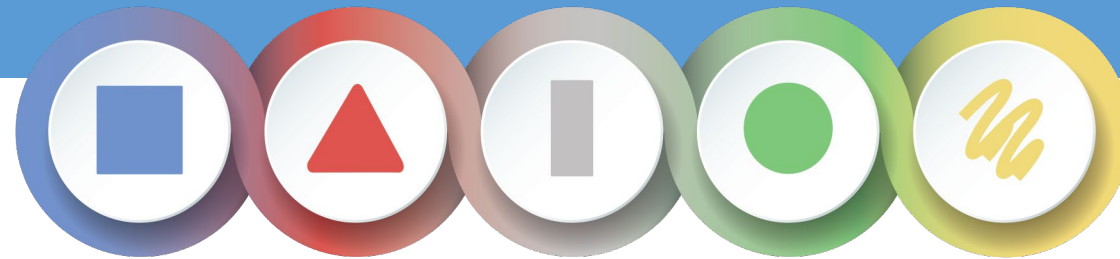




shapes for *effective* communication

Powered by **PsychoGeometrics**[®]

Certification Training Overview





Welcome & Introduction

Course Objectives

History, Science, and Art of PsychoGeometrics

Role of the Facilitator

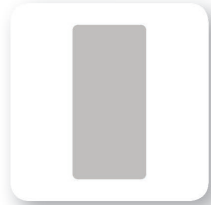


The Modules

Module 1: Introduction to PsychoGeometrics

Module 2: Shape Perception

Module 3: Shape Flexing



Day One Review & Day Two Preview



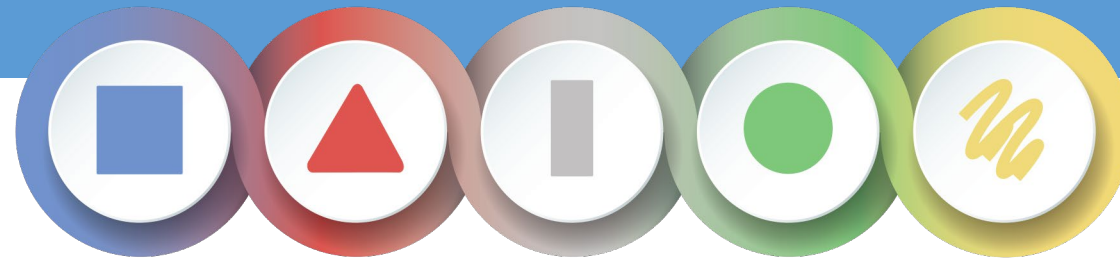
Teaching Objectives:

- Introduce PsychoGeometrics and provide a detailed understanding of Modules 1 – 5.
- Create an engaging and comfortable environment where you can practice applying what you learn in real time.
- Prepare you to deliver the Shapes Curriculum in your role.

Learning Objective:

- As a result of this training, you will be equipped with the knowledge, skills, and resources to confidently and successfully facilitate Shapes.

History, Science, and Art of PsychoGeometrics



Based on two areas of scientific study:

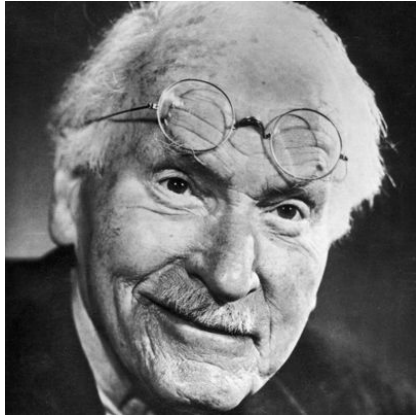
1. Human Personality
2. Brain Function



Human Personality

Your unique traits, behaviors, and how you interact with others.
These are the patterns that distinguish one person from another.

Based on Carl Jung's theory:



Carl Jung
1875-1961

4 types of personalities

2 ways of expression

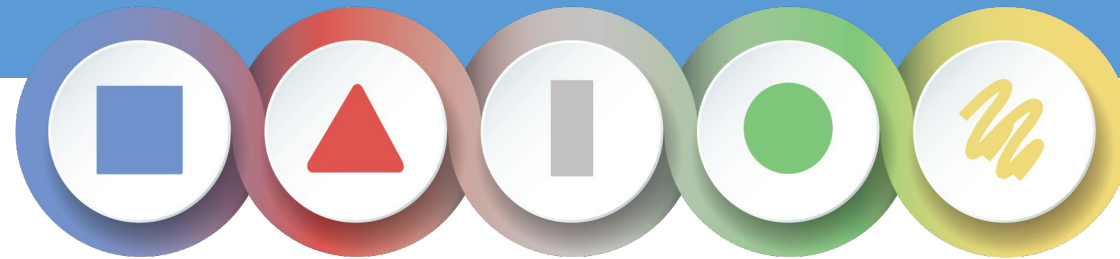
Brain Function

The Art

- **Knowledge + Skill:**
What you say and how you say it
Verbal and non-verbal communication
- **Skillsets such as:**
Active listening
Showing empathy
Organizing your thoughts
Generating ideas
Managing your emotions
Exhibiting confidence



Role of the Facilitator



A Certified Shapes Facilitator...

- is objective when describing each of the five Shapes.
- underscores the value of all five Shapes.
- avoids stereotyping, profiling, or using “absolutes.”
- uses all five Shapes in their facilitation and communication style to connect, establish credibility, and build trust with your participants.
- takes their responsibility seriously but doesn’t take themselves too seriously.

Shapes is meant to be a simple, easy to remember, quick to apply, effective, and a fun way to strengthen your relationships and communicate more effectively.

In your Shapes Facilitator Toolkit you will find...

- Shapes Facilitator Guide with complete slide deck and script
- Shapes Participant Workbook
- **Communicating Beyond Our Differences Book**
- Shapes Card Game
- Written “Scratch Off” Shapes Assessment
- Shapes Guide
- Shape Traits/Communicating with each Shape Card



SHAPE TRAITS	
	Informational, Factual, Detailed, Organized, Rarely Shows Emotion, Needs Time to Make Decisions, Prefers Working Alone, Tends to be a Perfectionist. <i>"If you want a job done right, do it yourself."</i>
	Ambitious, Competitive, Focused, Decisive, Strong Opinions, Quick to Get to the Point, Big Picture, Bottom Line, Likes Options, Wants to be in Control. <i>"Just make a decision, and right or wrong, work to make it right!"</i>
	Growing, Searching, Exploring, Introspecting, Open, Undecided, Anxious, or Excited. <i>"Please listen to me, then tell me what to do."</i>
	Inclusive, Nurturer, Caregiver, Stabilizer, Relationship-Oriented, Sensitive, Emotional, Team Player. <i>"I don't care how much you know, until I know how much you care!"</i>
	Creative Intelligence, Free Spirit, High Energy, Spontaneous, Bored Quickly by Routine, Unique, Idea Producers. <i>"Let's go with the flow and have some fun!"</i>

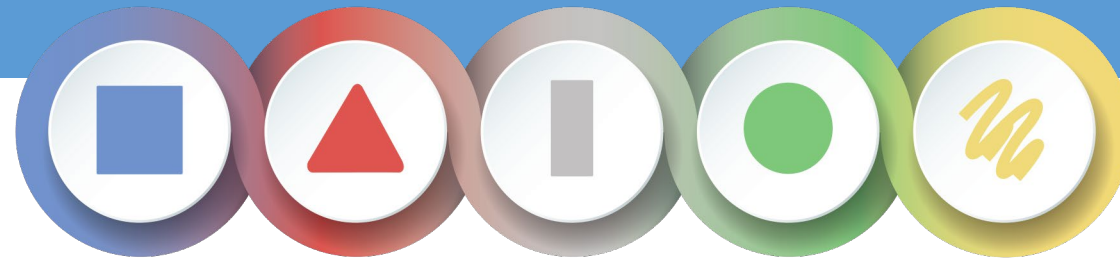
COMMUNICATING WITH EACH SHAPE	
	Keep It Professional. 1. Make an appointment, provide information, or an agenda, in advance. 2. Be punctual, prepared, calm, and patient. Boxes need time to think about it. 3. Be logical. Ask for results based on facts; include details, and engage Boxes with words like systems, data, value, process, efficient, or improve.
	Demonstrate Competence and Confidence. 1. Be assertive, have a controlled sense of urgency, think big picture and bottom line. 2. Be strong, but also show respect. Illustrate your own level of experience, knowledge, or expertise. 3. Think bullet points. Less is best. Offer 2 or 3 options. Engage Triangles when you give them control.
	Be Open, Ask, and Listen. 1. Be open-minded, ask questions, and engage Rectangles when you say, "Tell Me More." 2. Listen for understanding and acceptance, not necessarily agreement or approval. 3. Be supportive and encouraging. Simplify recommendations, or instructions, and reinforce decisions.
	Show Care and Emotional Intelligence. 1. Be friendly, sensitive, and aware of body language, facial expressions, and feelings. 2. Acknowledge shared interests, values, special occasions, and teamwork. 3. Engage Circles by promoting inclusion, connectedness, belonging, collaboration, and unity.
	Be Enthusiastic, Creative, and Have Fun! 1. Be flexible, encouraging, spontaneous, and transparent. 2. Face challenges with hope, optimism, and innovation. 3. Embrace and promote differences. Highlight and reward the unique. Lighten up, and make it fun!



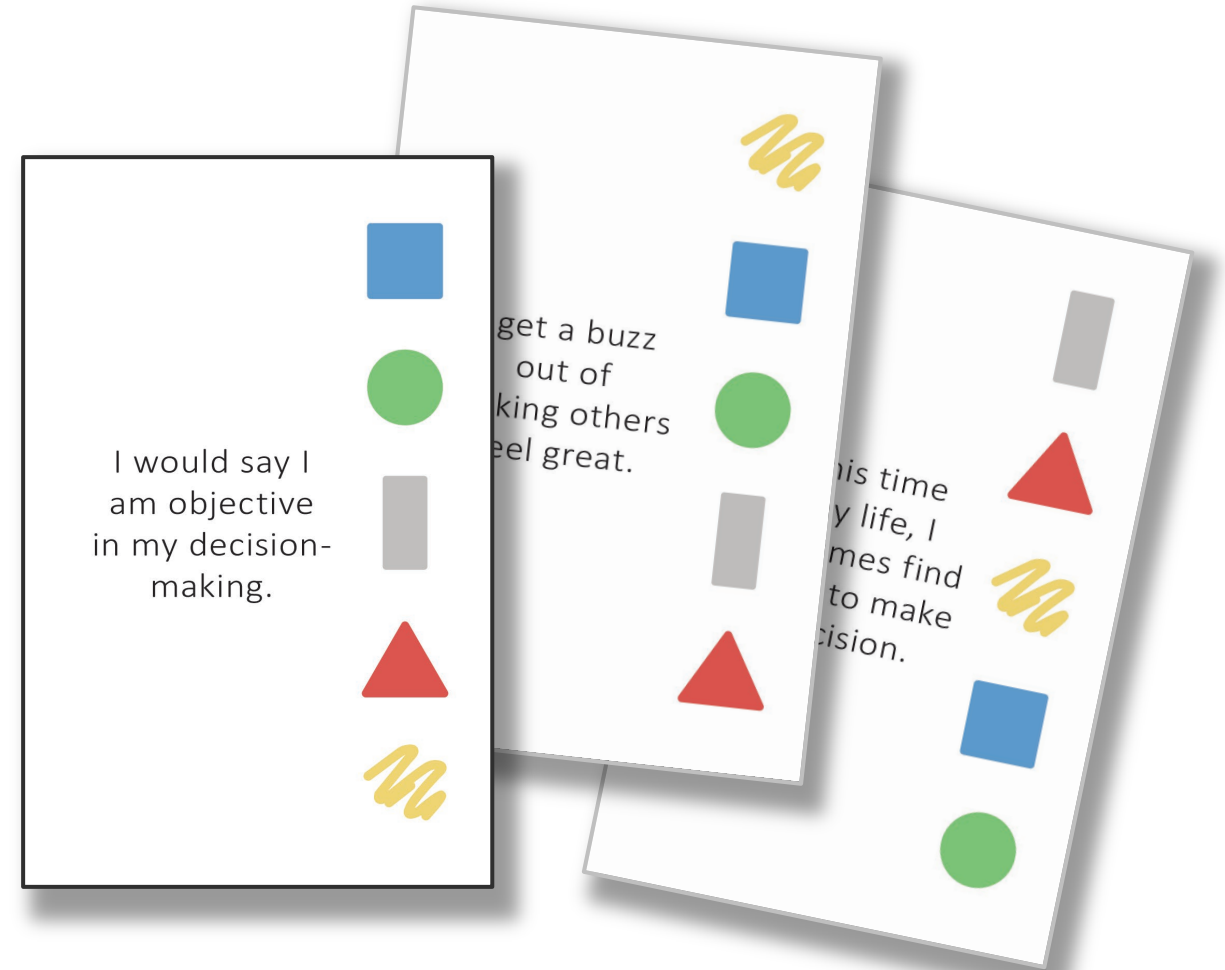
shapes for *effective* communication

Powered by **PsychoGeometrics**[®]

Introductions



- Share your name.
- Share where you live.
- Read the statement on the card.
- Does it describe you? Why or why not?



Module 1: Introduction to PsychoGeometrics



About PsychoGeometrics

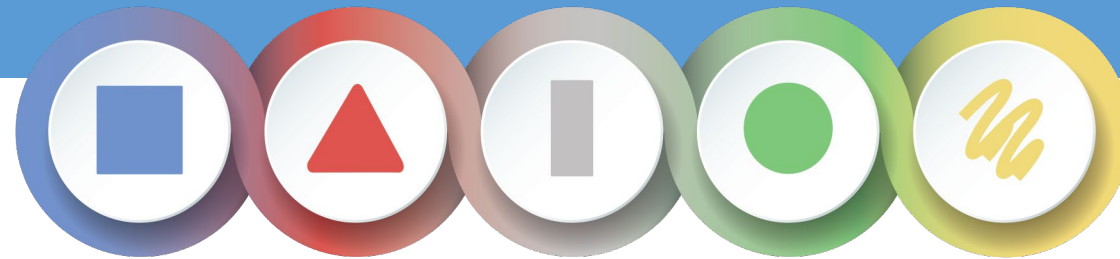


What is it?

- The science of behavior and the art of communication.
- Featuring five geometric Shapes.
- Each Shape represents a different communication style.
- Learn your Shape when you take the Shapes Assessment.
- The Shapes Assessment consists of three parts:
 1. Traits
 2. Behaviors
 3. How you relate to others



The Shapes Assessment



How it Works

There are three sections. Each part typically takes less than five minutes to complete.

Part 1 – **Traits**

Part 2 – **Behavior**


Part 3 – **Relating to Others**

You will not be timed, but it is best **not** to over-think your choices. Go with your first choice.

What to Know

1. Relax! This is not a test, it's an assessment. It's meant to be FUN!
2. You won't get a grade, but you will get a Shapes score.
3. It doesn't matter what you score, but it does matter that you understand your score, and know how to use it to communicate more effectively.

The Online Shapes Assessment



Welcome to the Shapes Assessment® by PsychoGeometrics®.

We invite you to take the Shapes Assessment® by entering your name, email address, and creating a password.

Take Shapes Assessment™ Now

Enter Your First and Last Name

Enter Your Email

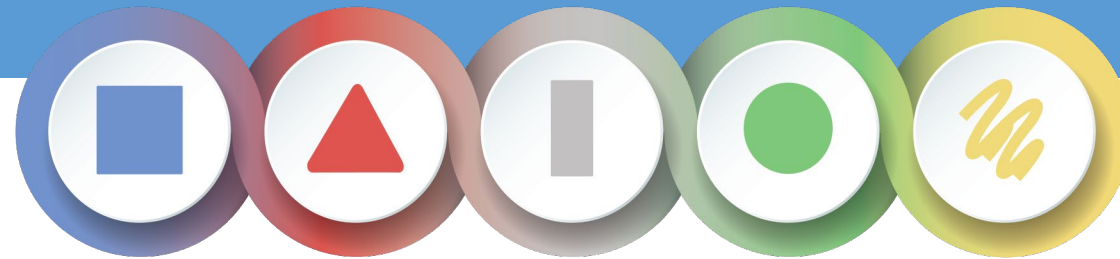
Create a Password

Continue

Take the Shapes Assessment Now

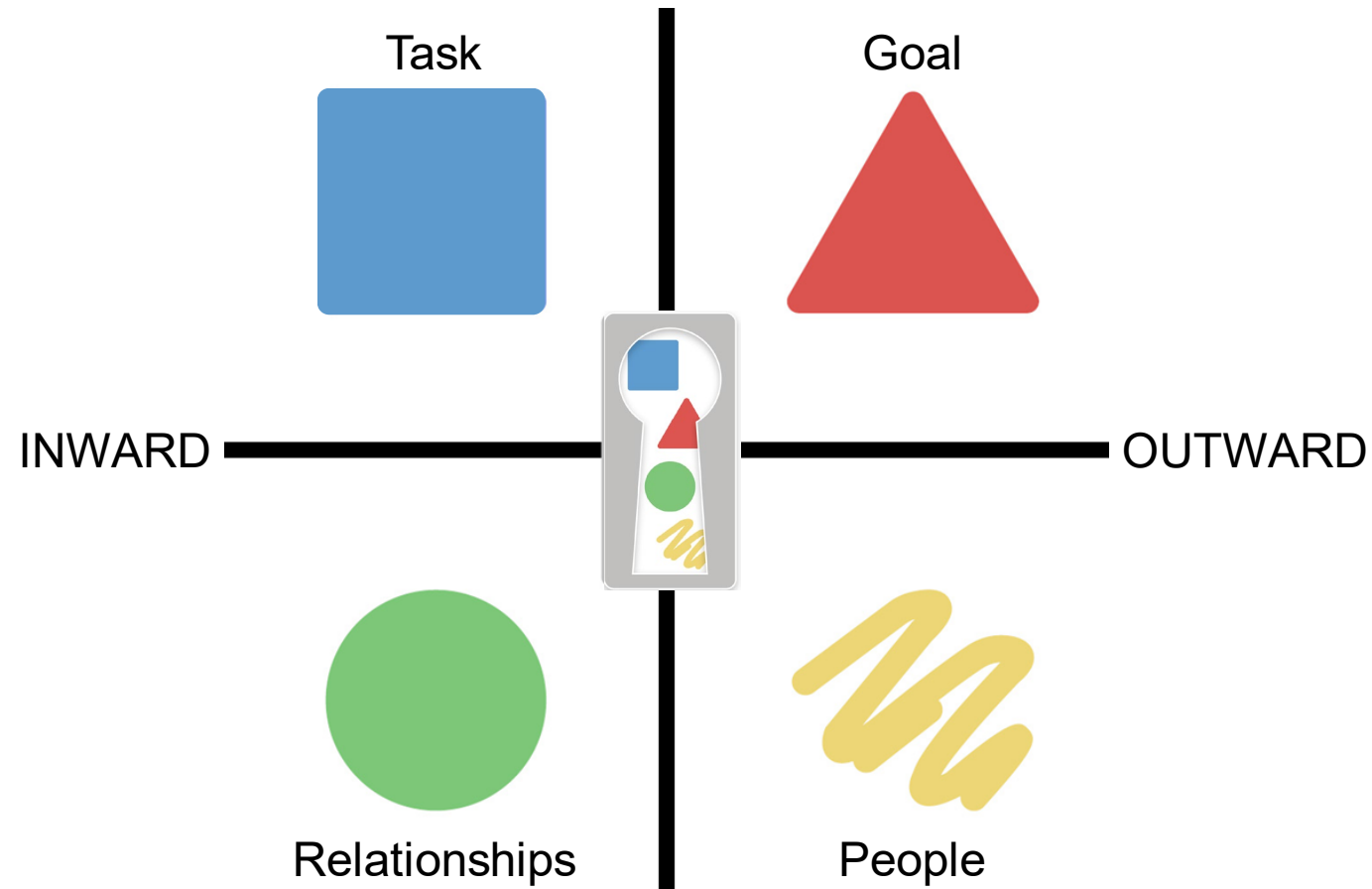


The Five Shapes



Things to Know About All Five Shapes

- Each Shape represents a trait or behavior and has value, power, strengths, and challenges.
- You have all five Shapes within you.
- You tend to use one or two Shapes the most because they are your natural strengths.
- It is wise to consider and leverage the behaviors of all five Shapes to communicate effectively.



UNDERSTANDING YOUR SCORE

0-3 LOW – does not mean below average

4-6 MEDIUM – does not mean average

7+ HIGH – does not mean above average

Just because you score “high” in a Shape does not necessarily mean you are good at using that Shape.

It means you have a high percentage of that Shape within you naturally, and you have the potential to be great at using it.

Day Two Preview





Module 4: Shape Motivation

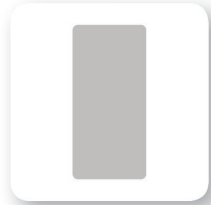
Learn what motivates and demotivates each Shape



Module 5: Strategic Shaping

Introduce Strategic Shaping Model

Strategic Shaping Scenarios



Teach Back Activity

Participant Practice and Application



Review & Wrap Up



The Five Modules

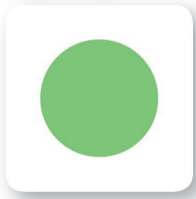
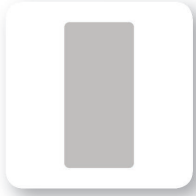
Module 1: Introduction to PsychoGeometrics

Module 2: Shape Perception

Module 3: Shape Flexing

Module 4: Shape Motivation

Module 5: Strategic Shaping

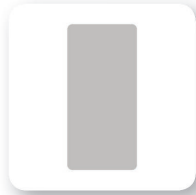




- **Do you understand** your communication style, including strengths and challenges, and the communication style of others?



- **Can you recognize** the possible positive and negative perceptions of your communication style, and the style of others?



- **Do you know how** to use Shape Flexing to strengthen the effectiveness of your communication approach and responsiveness?



- **Are you aware of** what motivates and demotivates you and others and can you adjust your communication accordingly, as a result?



- **Will you be able to apply** the Strategic Shaping Model for planning, problem solving, and conflict resolution to strengthen your personal and professional relationships?

Congratulations!
You are now ready to be a certified
Shapes Facilitator!

